



AN ISOLATED SENIOR

Ready to get to know a Mat-Su Senior who has been experiencing isolation?

In addition to shopping for a senior, there is opportunity to personally deliver the gifts at a BE A FRIEND Holiday Party, on December 18th. Then, on Christmas Day, you can call the Seniors you shopped for and/or connected with at the party to be in touch once more and offer them holiday wishes.

Because senior safety is VERY important, you will need to pay for and complete our online background check info request (to be processed through Checkr, Inc.), a training video, and agree to safety protocols before we pair you with a Mat-Su senior citizen.

GET READY



COMPLETE TRAINING & SAFETY AGREEMENT

If you haven't done so already, sign up through our Holiday Volunteer page (<u>santacop.net/volunteer.html</u>). Upon confirmation of application completion, you will be given a link to our training page where you can submit information for the background check, watch the training video, and complete the verification questions and safety agreement. If background check costs are prohibitive, please contact Amberly Breja at (907-903-0249).

SHOP & WRAP

Ensure you have read the "SHOP & WRAP" information (Found on the Holiday Volunteer page <u>santacop.net/volunteer.html</u>). This outlines what to expect and to do (wish lists e-mailed to you, minimum spend \$100 per senior, bring large bags with unwrapped gifts to wrapping party, etc.) before meeting your senior(s) at the BE A FRIEND (BAF) Holiday party.





ATTEND BE A FRIEND HOLIDAY PARTY

DECEMBER 18, 11am at **Mat-Su Senior Services Building** (1132 S Chugach St., Palmer) or **12:30pm** at **Wasilla Area Senior Center** (1301 S Century Cir., Wasilla)

Refreshments and activities will be available throughout the course of the party. We will also encourage opportunities for you do "deliver" your seniors' presents and have them open the gifts there if the senior so chooses. If you would like to bring snacks or help with party facilitation, contact Amberly Breja at (907) 903-0249.

GIVE YOUR SENIOR(S) A CALL ON CHRISTMAS

Make a phone call on Christmas day with seniors (shopped-for and/or connected-with), following safety agreements in Level 1 BE A FRIEND Guidelines (received during training).

REPEAT (OPTION)

Should both you and your senior(s) want to keep in touch after Christmas, we can enter you into the BAF yearly program. You will still follow safety agreements in Level 1 BE A FRIEND Guidelines (received during training).